

# NORDIC CAPITALS' SCHOOL GAMES 2018

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*28<sup>th</sup> of May- 1<sup>st</sup> of June 2018 in Copenhagen*

## WELCOME TO WONDERFUL COPENHAGEN 2018

### PRACTICAL INFORMATIONS:

Addresses: **Danhostel Amager Vandrerhjem**

Vejlands Allé 200.  
2300 København S, Danmark  
Tel: + 45 32 52 29 08

**Østerbro Stadion**

Gunnar Nu Hansens Plads 7  
2100 København Ø

**Sundby Idrætspark**

Englandsvej 61  
2300 København S

### LEADERS COPENHAGEN:

Søren Kragh Tel: + 45 26 17 43 59

Jeanne Gammelgaard Tel: + 45 28 83 41 09

Dorthe Jensen Tel: + 45 21 84 83 06

**FIRE, AMBULANCE & POLICE Tel: 112**

We have to share accommodation with other school groups and families – so please show consideration for the other guests and obey the bed time at 23pm

Please keep the times in the program and especially the meal times. Do not come too early and not too late!  
Thanks in advance!

**The team from Copenhagen wishes you a great week!**





**Sunday 27th May**

13.35 Reykjavik arrives FI 208 and drives to Danhostel  
 17.00 Reykjavik walk from Fields to DanHostel  
 20.00 Dinner Reykjavik  
 22.30 Quiet

**Monday 28th May**

08.00 Breakfast (Reykjavik)  
 10.00 Copenhagen arrives  
 11.00-14.00 Lunch at the hostel  
 12.05 Stockholm arrives with flight SK 1421  
 12.05 Oslo arrives with flight SK 1467  
 12.30 Copenhagen + Reykjavik departure from the hostel  
 (Oslo + Stockholm + Helsinki stay at the hostel)  
 13.25 Helsinki arrives with flight SK 1709  
 13.30 Handball Reykjavik–Copenhagen at Sundby Sports Park  
 14.30 Football Reykjavik-Copenhagen at Sundby Sports Park\*  
 15.45 Departure to the hostel from Sundby Sports Park  
 17.00 Dinner (follow the meal plan)  
 18.30 Departure – Walk to Peder Lykke School  
 20.00 Welcome to Copenhagen – Peder Lykke School  
 21.00 Departure – bus to Hostel  
 21.15 Night snack  
 21.15 Discipline meeting  
 22.30 Quiet

**Tuesday 29th May**

06.30 Breakfast (follow the meal plan)  
 08.00 Departure from the hostel to Østerbro Stadium  
 09.00 Opening ceremony – Parade  
 10.30 Athletics 100 m run.  
 10.30 Football Stockholm-Oslo \*\*  
 10.30 Handball Copenhagen-Helsinki  
 11.00-14.00 Lunch at the Stadium  
 12.00 Handball Oslo-Stockholm  
 12.00 Football Reykjavik-Helsinki \*\*  
 13.30 Handball Reykjavik-Helsinki  
 13.30 Athletics 800 m  
 13.30 Football Copenhagen-Oslo \*  
 14.45 Departure to the hostel  
 16.30 Departure to City Hall  
 17.00 Reception and dinner at City Hall  
 18.00 Tivoli  
 21.30 Departure from Tivoli  
 22.30 Quiet

**Wednesday 30th May**

06.30 Breakfast (follow the meal plan)  
 08.00 Departure from the hostel to Østerbro Stadium  
 09.30 Athletics, high jump boys  
 09.30 Football Copenhagen-Helsinki \*\*  
 09.30 Handball Reykjavik-Stockholm  
 11.00-14.00 Lunch at the Stadium  
 11.00 Football Reykjavik-Stockholm \*\*  
 11.00 Handball Oslo-Helsinki  
 11.00 Athletics, high jump girls  
 12.30 Football Oslo-Helsinki \*  
 12.30 Handball Copenhagen-Stockholm  
 14.00 Departure to the hostel  
 15.30 – 16.30 Meeting, main leaders  
 15.30 Departure from the hostel  
 16.00-18.30 City tour with lunch packs  
 16.30 Main leaders Departure from the hostel  
 19.00-20.00 Canal cruise from the Actor House  
 20.00 Return to the hostel from the Actor House  
 20.30 Night snack  
 22.30 Quiet

**Thursday 31st May**

06.30 Breakfast (follow the meal plan)  
 08.00 Departure from the hostel to Østerbro Stadium  
 09.30 Athletics, long jump & shotput girls  
 09.30 Football Stockholm-Helsinki \*\*  
 09.30 Handball Copenhagen-Oslo  
 11.00 Athletics, Long jump & shotput boys  
 11.00-14.00 Lunch at the Stadium  
 11.00 Football Reykjavik-Oslo \*\*  
 11.00 Handball Stockholm-Helsinki  
 12.30 Football Copenhagen-Stockholm \*  
 12.30 Handball Oslo-Reykjavik  
 14.00 Courier relay for selected handball/football players  
 14.15 Nordic relay for selected track and field athletes  
 14.30 Departure to the hostel  
 16.30 Dinner (follow plan)  
 18.30 Departure from the hostel to DGI  
 19.00 Closing ceremony (Diplomas)  
 19.30 Bowling/Disco party  
 19.30 Dinner for teachers/leaders  
 22.00 Departure to the hostel from DGI  
 22.30 Quiet

**Friday 1st Jun**

08.00 Breakfast (follow the meal plan) and bring a salad  
 09.00 Stockholm departs from hostel (SK 404)  
 10.00 Room check-out  
 11.00 Copenhagen athletes leave the hostel  
 11.15 Oslo departs from hostel (SK 1456)  
 12.00 Helsinki departs from hostel (SK 1712)  
 12.15 Reykjavik departs from hostel (FI 207)

\* Østerbro Stadium & Sundby Sports Park, grass

\*\* Kloster Fælled, artificial grass



## National Anthems



### Sweden

Du gamla, Du fria, Du fjällhöga nord,  
Du tysta, Du glädjerika sköna!  
Jag hälsar Dig, vänaste land uppå jord,  
Din sol, Din himmel, Dina ängder gröna,  
Din sol, Din himmel, Dina ängder gröna.



### Norway

Ja, vi elsker dette landet som det stiger frem.  
Furet, værbitt over vannet med de tusen hjem.  
Elsker, elsker det å tenke på vår far og mor.  
Og den saganatt som senker, drømme på vår jord.  
Og den saganatt som senker, senker drømme på  
vår jord



### Finland

Oi maamme, Suomi, synnyinmaa,  
soi, sana kultainen!  
Ei laaksoa, ei kukkulaa,  
ei vettä rantaa rakkaampaa,  
kuin kotimaa tää pohjoinen,  
maa kallis isien!

Vårt land, vårt land, vårt fosterland,  
Ljud högt, o dyra ord!  
Ej lyfts en höjd mot himlens rand,  
Ej sänks en dal, ej sköljs en strand,  
Mer älskad än vår bygd i nord,  
Än våra fäders jord.



### Island

Ó, guð vors lands! Ó, lands vors guð!  
Vér lofum þitt heilaga, heilaga nafn!  
Úr sólkerfum himnanna hnyta þér krans  
þínir herskarar, tímanna safn.  
Fyrir þér er einn dagur sem þúsund ár  
og þúsund ár dagur, ei meir:  
eitt eilífðar smáblóm með titrandi tár,  
sem tilbiður guð sinn og deyr.  
∴ Íslands þúsund ár, ∴  
eitt eilífðar smáblóm með titrandi tár,  
sem tilbiður guð sinn og deyr.



### Danmark

Der er et yndigt land,  
det står med brede bøge  
nær salten østerstrand  
nær salten østerstrand.  
Det bugter sig i bakke, dal,  
det hedder gamle Danmark,  
og det er Frejas sal,  
og det er Frejas sal.  
Vort gamle Danmark skal bestå,  
så længe bøgen spejler  
sin top i bølgen blå, sin top i bølgen blå.



## NCSG2018 MEAL-PLAN:

### **BREAKFAST:**

#### MONDAY 28/5:

KL. 8.00 REYKJAVIK

#### TUESDAY 29/5:

KL. 06.30 OSLO

KL. 06.45 REYKJAVIK

KL. 07.00 HELSINKI

KL. 07.15 STOCKHOLM

KL. 07.30 COPENHAGEN

#### WEDNESDAY 30/5:

KL. 06.30 HELSINKI

KL. 06.45 STOCKHOLM

KL. 07.00 COPENHAGEN

KL. 07.15 OSLO

KL. 07.30 REYKJAVIK

#### THURSDAY 31/5:

KL. 06.30 COPENHAGEN

KL. 06.45 OSLO

KL. 07.00 REYKJAVIK

KL. 07.15 HELSINKI

KL. 07.30 STOCKHOLM

#### FRIDAY 1/6:

KL. 07.00 STOCKHOLM

KL. 07.30 COPENHAGEN

KL. 08.00 OSLO

KL. 08.30 HELSINKI

KL. 09.00 REYKJAVIK

### **LUNCH:**

#### MONDAY 28/5

KL. 11-14 REYKJAVIK,  
COPENHAGEN, OSLO,  
STOCKHOLM

#### TUESDAY 29/5:

AT THE STADIUM 11-14

#### WEDNESDAY 30/5:

AT THE STADIUM 11-14

#### THURSDAY 31/5:

AT THE STADIUM 11-14

#### FRIDAY 1/6:

REMEMBER TO BRING A  
SALAD

### **DINER:**

#### MONDAY 28/5:

KL. 17.00 HELSINKI

KL. 17.15 REYKJAVIK

KL. 17.30 COPENHAGEN

KL. 17.45 OSLO

KL.18.00 STOCKHOLM

#### TUESDAY 29/5:

COPENHAGEN CITY HALL

#### WEDNESDAY 30/5:

REMEMBER TO BRING A  
LUNCH PACK

#### THURSDAY 31/5:

KL. 17.00 STOCKHOLM

KL. 17.15 REYKJAVIK

KL. 17.30 HELSINKI

KL. 17.45 OSLO

KL. 18.00 COPENHAGEN

**PLEASE BE ON TIME –**  
**NOT TOO SOON –**  
**NOT TOO LATE!!!**

**THANK YOU 😊**



# Participants NCSG2018

## Track & Field

**Girls**

**Boys**

	
Stockholm	
	
Oslo	
	
Helsinki	
	
Reykjavik	
	
	
	
København	



**Handball**  
**Girls**

**Football**  
**Boys**



Stockholm



Oslo



Helsinki

NCSG





**Handball**  
**Girls**

**Football**  
**Boys**

 Reykjavik
 København








NCSG





# Leaders & Officials NCSG2018

		<p>Group leader Group leader Football Handball Track and field - Girls Track and field – Boys</p> <p style="text-align: right;"><b>Stockholm</b></p>
	<p><b>Pål Syrrist &amp; Håkon Selness</b> <b>Ellen Kroge</b> <b>Pål Syrrist</b> <b>Adele Hasle</b> <b>Kristina Kroge</b> <b>Ole Berg</b></p> <p>extra leader (subst.)</p>	<p>Group leader Group leader Football Handball Track and field - Girls Track and field – Boys</p> <p style="text-align: right;"><b>Oslo</b></p>
		<p>Group leader Group leader Football Handball Track and field - Girls Track and field - Boys</p> <p style="text-align: right;"><b>Helsinki</b></p>
		<p>Group leader Group leader Football Handball Track and field - Girls Track and field - Boys</p> <p style="text-align: right;"><b>Reykjavik</b></p>
	<p><b>Søren Kragh</b> <b>Jeanne Gammelgaard</b> <b>Henrik Mamsen</b> <b>Tanja Agergaard</b> <b>Dianne Callesen</b> <b>Thomas Thilo</b></p>	<p>Group leader Group leader Football Handball Track and field - Girls Track and field - Boys</p> <p style="text-align: right;"><b>København</b></p>